DEAR FAMILIES

We are really pleased to welcome Siobhan Allen, who joins us as an English and Humanities teacher and Phil Harvie, who is undertaking one on one support for identified students. Both bring to the school a wealth of knowledge and expertise. Congratulations to Michelle Wardell who has won a permanent position at Seaford Secondary College as a Learning Support SSO and to Siobhan Matthias, who has won a permanent position in the Seaford Secondary College Unit. We are very lucky to have highly skilled and committed staff supporting our students.

We have seen unprecedented participation in zone and interschool sport this year. Craig Ottaway (Sports Coordinator) in partnership with several committed staff members have inspired and built, in both students and staff, a desire to be involved to a greater degree. The oval at lunch times is filled with students participating in sport. The inter House cup engages students in formal competition at lunch times in the gym and has encouraged participation and contact between houses. The Volleyball Fleurieu Cup held earlier this term was another example of our students showcasing high order skills in team work, leadership and expert volleyball skill. Our students have excelled in football, volleyball, netball, hockey and soccer so far this term.

A very successful Flinders Ranges camp, led by Craig Fraser, Matt Freeman and Hannah Webb, occurred earlier this term. This subject area is a priority for our school as it provides diverse skills for life. Our year 7 students in partnership with Amy Whyte, Trish Knott, Alicia Read, Adam Pearce, Phil Brodie, Casey Swansson, Karen Michelbach, Jen Griffin and student teachers Thirza and Ryan, had a fantastic three days of horse riding and adventures at Wirraway Homestead in week 5. The students were fantastic and it was with great pleasure that my daughter and I visited the ‘happy campers’ on Monday night.

Over 300 interviews were booked with teachers and leaders during our parent teacher interview evening, held in week 2. It was lovely to meet with families and students throughout the evening and engage in feedback regarding learning outcomes. Thank you for your ongoing support and partnership.

Sandra Greenan and Matt Freeman have been invited by DECD Workforce Development to demonstrate their work in action to interested staff across the state. The Open Classroom program enables teachers across the state to register interest in observing Sandra or Matt in action within their classroom at Seaford Secondary College. Observers will then have the opportunity to ask questions of Sandra and Matt. Sandra and Matt have been

CONTINUED
From the Principal CONTINUED

asked to undertake this program as previous SA Excellence in Education Award winners.

Our year 7 and year 9 students undertook the NAPLAN tests in week 3. We were pleased with the support of our families in encouraging students to complete the tests over three days. I met with all year 7 and year 9 students to explain why the NAPLAN is undertaken, what happens to the results as a nation and also as a school. Thank you to Jen Griffin and Steph Johnston in partnership with Deb O’Connor for their organization and coordination of our 2014 NAPLAN tests.

We have been successful in gaining accreditation to host long term visits of international students; congratulations to Adam Pearce, Sandra Greenan and Matt Fry for their coordination here.

We have a group of students coming for a short visit (3 weeks) from Kyoto in August and are seeking host families. Please contact Adam Pearce if you are interested.

Our year 10 Drama students, led by Amy Whyte, performed at the Arts Centre on Thursday night of week 2. The students were brilliant and directed, designed, composed music and undertook all technical responsibilities. It was fantastic to see our families enjoying this excellent production.

On Monday 19 May, the Seaford Secondary College Governing Council proposed and supported that from 2015 all students in years 7-10 will be expected to wear the new school uniform. This commitment will create a consistent school uniform that students are proud to wear, whilst still allowing families the remainder of 2014 to transition. We are currently using a temporary logo on student uniform, with the new logo going through the approval stages by the Department of Education and Child Development. We will have stocks of uniform with the new school logo by term 4, ready for purchase in preparation for 2015.

We have sourced 2 new styles of girls pants, which we will seek feedback from students and staff in term 2, ready for purchase by the end of the term. This will give the girls another option throughout winter with the current dress and black stockings that many students are wearing. There is also a winter jacket that students can purchase to protect from the rain and cold, as seen in the uniform image.

The new school uniform includes the following:

**UNIFORM UPDATE**

**GIRLS**
- Fitted white polo shirt (new)
- White or maroon polo shirt
- White / maroon polo shirt
- Maroon windcheater
- Charcoal grey V-neck knitted jumper (new)
- Charcoal grey cardigan (new)
- Charcoal grey pants (new)
- Pleated summer skirt (new)
- Pleated summer dress (new)
- White / maroon wind proof jacket (new)

**BOYS**
- White or maroon polo shirt
- White / maroon polo shirt
- Button up white shirt (new)
- Maroon windcheater
- Charcoal grey V-neck knitted jumper (new)
- Charcoal grey pants (new)
- Charcoal grey shorts (new)
- White / maroon wind proof jacket (new)

3D PRINTING AT THE LIBRARY

What is 3D printing, you ask? A 3D printer can print solid, 3 dimensional objects of almost any shape from a digital model. One man in America who was born without a hand was able to print off a variety of parts and put them together to make up a prosthetic hand. This hand, which allowed him movement and function of all fingers, cost him a total of $50.

The Seaford Library has a 3D printer and our students have been some of the first to print objects, such as gaming characters and iPad stands. Teachers and students are invited to search for an object they would like to print on www.thingiverse.com and bring the file in to print (or record the name of the file and we can download it). If you are interested in learning more about this amazing piece of technology, feel free to come and see it in action.

Karla Pickett
School Services Librarian
As part of Year 11 Pathways and Futures lessons, students are required to choose a community activity. The students in Care Group 11 06 chose to do a yard clean up. This fits in well with Clean Up Australia Day, which was on Sunday 2 March. The class planned and organised the clean up over a 3 week period. During our last PFP lesson we went out and cleaned up the schoolyard. Some reasons the class choose this topic include: ‘We wanted to help the community by keeping it clean and tidy and to reduce the amount of rubbish’ and ‘We wanted to represent the school in a professional and mature way by setting an example to younger students’.

There have been many positive experiences from our learning. During this project the class has learnt how to organise and plan an event which can be conducted in the community, while contributing towards the maintenance of a clean and tidy environment.

Matt Freeman
11 06 Care Group Teacher
About 20% of people experience depression at some time in their lives. That means that almost every family has someone with some times of depression.

Unfortunately once someone has experienced depression, they are at far greater risk of feeling that way again.

While I can’t guarantee that we can protect everyone from depression, there are things that we can do to make it less likely.

SADNESS IS NOT ALWAYS BAD
Everyone loves being happy but being sad at times is not such a bad thing. Sadness gives us time for thinking things over, sometimes regretting things we have done and helps us to resolve to be better people. Feelings of sadness, disappointment and set backs are part of human lives and without them we don’t live whole lives.

We all want our kids to be happy but know that there will be times they will be sad. Helping young people to know that they won’t be happy all the time is important. Realising that all feelings pass and that we can learn from the whole range of feelings, sadness included, is part of being human.

LOWER THE AMOUNT OF STRESS
Try to identify some of the major sources of stress in your life and develop systems to deal with them. If you can’t avoid the stressful situations at least develop a de-compression strategy. This is a way of winding ourselves down after being revved up.

GET SOME EXERCISE
Exercise decreases stress hormones such as cortisol and increases endorphins (happy chemicals). Exercise also helps release dopamine, adrenaline and serotonin, which work together to make you feel good.

GET ENOUGH SLEEP AND REST
Getting enough sleep is one of the most powerful ways we can protect ourselves against depression. The structures in the brain that support the most powerful anti-depressant, serotonin, are built and re-built between the sixth and the eighth hour of sleep.

BELONG TO THE KARMA CLUB
Decide to increase good will in the world by doing something positive for someone else. Try this out for one week. Pick someone you know and try to “knock their socks off” as much as possible. Give them compliments, greet them exuberantly and take time to be with them. You’ll be amazed at how much benefit you get from increasing someone else’s happiness.

BE GRATEFUL AND LUCKY
Even people who have had rotten things happen to them can rise above them. They usually do this by deciding to be lucky. While we can focus on the things that have upset us, most of us have many things and people to be grateful for. Focusing on that part of your life and deciding that you are lucky makes an enormous difference to your life.

HAYE SOME SOURCES OF “FLOW”
We experience “flow” when we get involved in an activity that captivates us. At the end of these types of activities people often think, “Where did the time go?” There are many sources of flow – computer games, sports, drawing, dancing, reading, swimming and surfing are some. These are the things that you do that absorb you and take you away from your day to day cares and worries.

Losing yourself in a few pleasurable activities that challenge you is highly protective against depression.

EAT HEALTHILY
What we eat changes our moods. For example, countries that eat low levels of fish have higher levels of depression. Fish contains a fatty acid known as EPA, which is lacking in those with depression. Fatty acids are also found in flaxseed, walnuts and chia seeds and are good fats. These are the good fats so if you are hesitant about eating them don’t be. Whole grain oats have been shown to help with depression as they have folic acid and B vitamins and helps with a slow release of energy versus the crash and burn of blood sugar levels that can happen. Foods high in selenium which is found in meat, fish and cereal grains has also been shown to decrease symptoms of depression. Leafy greens have magnesium in them which helps with depression and helps with sleep patterns.

FIND SOME GOOD FRIENDS
Friends are a treasure. Along with family, having a few good friends that we can talk things over with enriches our lives and protects us in difficult times.

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Endorphins are a hormone-like substance, produced in the brain and function as the body's natural painkillers. During exercise, endorphins can leave you in a state of euphoria with a sense of wellbeing.

The most effective type of exercise for the release of endorphins is cardiovascular exercise and aerobics.

Moderate exercise for 10 minutes a day is enough to improve your mood and increase energy but it is suggested that you do 30 minutes per day.

**LAUGH MORE.**
Laughter raises our levels of serotonin and dopamine. Make a point of watching TV shows or movies that make you laugh. Share funny stories and jokes with friends. People report that laughing even when they don’t feel happy improves their mood and sense of well-being.

**CHECKLIST OF SIGNS: WHEN SHOULD I WORRY?**
In the childhood and teenage years depression can be harder to pick because it is obscured by heightened emotions and times of grumpiness. Some signs of depression are:

- Loss of interest in usual activities - their get up and go, has got up & gone
- Increased use of drugs and alcohol
- Sleep problems
- Changes in energy levels - either sluggish or agitated and restless

- Changes in eating patterns change - either disinterested in food or over eating
- Speaking about death and hopelessness
- Increased and inexplicable irritability,
- Your own feelings of anxiety about your child.

It is worth getting some help if your child or adolescent is appearing to be depressed. One way to do this to say, "I'm worried about you and I want you to come with me to see someone so that I can work out whether I should be worried or not". Try to find a good local psychologist, psychiatrist or doctor who can relate to young people.

**ANDREW FULLER**
WWW.ANDREWFULLER.COM.AU

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**CHOREOGRAPHIC AWARDS NIGHT**

Seaford Secondary College held the Year 10 Choreographic Awards Night on Thursday 10 April. The Dance students have been working extremely hard since the beginning of the year to create their own dances for this night's performance. It is a long process in which students learn modern dance technique and performance skills. Students then make up their own dance performance, with their choice of music and costumes. The choreographers put in hours of practice; during recess, lunch, after school and even weekends!

Chris Mifsud and Ashleigh Dunwoodie were invited to judge the performances and present the awards on the night. Chris and Ashleigh are both choreographers and dancers, and both are former students of Seaford Secondary College.

**AWARD FOR EXCELLENCE:** Alisha (10 06)
**MERIT AWARD:** Jadi (10 05)
**POTENTIAL AWARD:** Danielle (10 02)
**AWARD FOR BEST PERFORMANCE:** Sarah (10 01)

Thanks must go to our special guest artists Alisha and Meg 10 06, for their dynamic performance. Zac (10 04) performed brilliantly as Stage Manager. Leanne (12 03) did an excellent job on the lighting, and Rebecca (D07) as the lighting assistant. They all did a magnificent job; many thanks for making this a very professional and polished show.

Special thanks should also go to Ms Amy Whyte, Seaford Secondary College Arts Coordinator, who came to watch the show and present certificates to all the students involved in this production. A big thank you to all the parents/caregivers for their support of the students in their dancing endeavours.

It was a great night and I would like to congratulate and thank all the dancers,
Tigress Year 9 Humanities students participated in an excursion to the Maritime Museum, Port Adelaide on Monday, 7 April in line with their History topic on the Industrial Revolution.

Students compared and contrasted shipping and transportation pre and post industrialisation, examining primary sources at the Maritime Museum itself. Students climbed the lighthouse and learned about steam engines aboard the steam tugboat, the Yelta.

Our students were excellent representatives of Seaford Secondary College and museum staff commented favourably on their behavior and manners, as well as their depth of knowledge. Thank you to our staff members, Hayley Kerrisk, Lisa Pennifold and Craig Ottaway for accompanying students on this excursion and making it such a success.

Stephanie Johnston, Head of House, Tigress
**INTER HOUSE CUP**

In light of the recent changes to the House structure of Seaford Secondary College, the SRC has introduced the Inter House Cup. The annual competition is designed to create some friendly competition, some House spirit and student participation in various activities throughout the year. The competition will run from the beginning of term 4, until the end of term 3 the following year to allow year 12 students to be part of the concluding celebration of the event.

Activities so far have included the 2013 final week Middle School Cup and lunch time sporting competitions. As the year progresses other point scoring activities will include talent shows, fundraising activities, debating, science and engineering activities, quiz’s, art competitions, sports days, a yard litter strategy and more. Students will also have the chance to gain points for their House by demonstrating positive behaviours in the class and the yard. Tigress is currently on top of the ladder with 80 points, but it is still anyone’s game with up to 20 points being awarded for large school activities.

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**SECOND WORLD WAR STUDIES**

Mac (10 06) has been studying the Second World War. He has been busy looking at the impact on London of the German Luftwaffe and the Blitz. He has enjoyed learning about how the British people coped during this time and how many families were protected and saved from the bombing by simple Anderson Shelters built in their gardens. Mac has even built his own Anderson Shelter model.

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**NEXT STEPS: A SMITH FAMILY AND SA WATER CORPORATE INITIATIVE**

Twenty one of our Year 10 students were selected to attend SA Water on Thursday, 15 May 2014 to learn about different jobs and positions in the SA Water Corporation. Students listened to three different SA Water employees talk about their jobs and how they started out working. This gave an idea of what life straight after school was going to be like.

The students were taken on a tour of the building and saw how control operators use computers to work sewage plants and water pumping stations, where there were break areas for people to sit and talk as well as meeting rooms to discuss issues and new ideas. The many environmentally designed features of the building were also explained and shown.

Student were able to participate in some mock interviews for the position of Customer Service Officer at SA Water and were given feedback on what interviewers look for in an job applicant and what we could improve on for a real interview.

The SA Water staff were helpful and very informative and everyone was able to learn something new. We would like to thank The Smith Family and SAWater for this opportunity in gaining insight into a large corporation.

Sam (10 01)

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**HOST FAMILIES NEEDED FOR EXCHANGE STUDENTS**

Seaford Secondary College has gained accreditation as an International Education School.

There will be 20 students coming to our School from Kyoto from 3-17 August and we are seeking host families for these students. This is a fantastic opportunity for the whole school community and a wonderful learning experience for your child, enabling them to develop life-long friendships. Financial assistance will be provided to all host families.

Please contact me on 8327 2222 or email adam.pearce@seafordhs.sa.edu.au if you are interested or would like more information.
MENTORING PRIMARY SCHOOL STUDENTS TO IMPROVED WELL BEING

Throughout Term 2, students from the Student Representative Committee have made 3 visits to Seaford K-7 Primary School to mentor students in leadership, team building and wellbeing. This initiative is part of the SRC’s commitment to reducing bullying and harassment, as well as building wellbeing of, not only our students, but also those in the local community.

Students worked with 2 groups of approximately 30 students in 1 hour sessions, and revisited over 3 weeks to deliver programs on getting along with others, reducing bullying and harassment and building leadership skills. Our Mind Matters team has now worked with over 250 students from 3 local schools in the past 9 months. Students will continue to offer this program to the other schools, as well as providing similar experiences to our year 7 and 8 students through the Schools PFP program.

The students involved should be congratulated on their enthusiasm, teamwork, leadership skills and ability to be positive role models to the younger students.

After one of our sessions the following feedback was given by one of the site leaders, “It was great seeing your school leaders work with our older classes yesterday. They were well organised, friendly, clear in their instructions and engaging (perfect teachers). Our students were fully engaged and really enjoyed the sessions”.

Ben Hardy
Head of House, Boon Boona – School Culture

RECONCILIATION WEEK

Reconciliation Week was launched at Seaford Secondary College on Friday, 23 May with guest local artist, Allan Sumner, performing during lunch. A proud Kaurna man, Allan explained the significance of Reconciliation Week and why it was important to observe and celebrate it alongside Aboriginal and Torres Strait Islander peoples.

National Sorry Day, on Monday, 26 May, was a time to acknowledge the impact of policies that saw the forcible removal of Aboriginal and Torres Strait Islander children from their families, known as the Stolen Generations. A small ceremony of Acknowledgement of Country was conducted, as symbolic candle flames were set up around the school’s flagpoles, reminiscent of the campfires from long ago. At lunchtime students were able to watch the apology, a significant moment in Australia’s history and for the world’s first nation’s people, as Canada and other countries have now also apologised to their indigenous people.

Tuesday, 27 May marked the anniversary of the 1967 Referendum to give Aboriginal people the right to vote in their own country. The focus of this day was around Closing the Gap, with messages of hope for the future and the launch of a photography competition across the school.

On Wednesday, 28 May students had the opportunity to participate in a community event held at Noarlunga Centre.

Throughout the week, students decorated a small part of a circle, which combined with others to create a piece of art titled ‘Circle of Diversity’. This was displayed around the school.

As a conclusion to Reconciliation Week, on Wednesday, 3 June Seaford Secondary College students observed the recognition of Eddie Mabo and his Land Rights case. The theme of Reconciliation Week was “Let’s Walk the Talk” so a walk around the school was held during Recess time to highlight the achievements of Aboriginal people through Australian History and promote Recognise, the call to recognise Australia’s first people in the Constitution of Australia.

Jacqueline (Jacky) Hiscock
Aboriginal Education Teacher
SPORING SUCCESS

Kayla (Nashwauk B09) has recently been selected for her 4th successive Figure Skating National meet. Kayla has represented South Australia at the past 3 annual competitions travelling to Melbourne to compete and winning Gold at all 3 competitions! This year the competition is being held on the Gold Coast in November. Kayla trains 3-4 times a week with the Noarlunga Figure Skating Club devoting a huge portion of her personal time. Well done and we wish you the best of luck Kayla!

In term 1, Rani (Tingara B19) attended the Onkaparinga South District Swimming trials. At the event Rani swam extremely well and was selected for the District squad! Rani specializes in freestyle and butterfly. She swims for the Fleurieu Swimming Club in Old Reynella and swims 6 times a week, sometimes at 4am! We wish Rani the best of luck and congratulations on your selection.

In term 1 Seaford Secondary College had 5 boys selected at a trial for the Onkaparinga South District Football Team. From these trials, Shaye (Tingara B19) was chosen to represent the district. He will now participate in the week long SAPSASA Football Carnival, 26th – 30th May. After winning the competition last year in division 2, he will now play in division 1. Congratulations Shaye. We know you will play your best.

Following on from her SANTOS Athletics success, where she won every one of her events, Lauren (Tingara CO2) was selected for the Junior National Championships in March. She performed at the Sydney Olympic Stadium and represented South Australia in the 100m, 200m, 400m and 2 relay events at the under 14 level. She then had to run to the airport to make it back in time for school the next day! She trains with Western Districts Athletics Club and will be performing in the State Championships in October this year. Outstanding performances Lauren!

Catrina (Boon Boona D07) and Kathleen (Nashwauk B10), both competed at Tang So Doo Karate competition on Saturday, 17 May at Willunga. Both girls were medal winners on the day with Kathleen winning a Silver medal and Catrina a Bronze medal. Well done to you both.

YEAR 8/9 KNOCK OUT FOOTBALL

The Seaford Secondary College Year 8/9 Football team travelled to Cardijn College on Tuesday, 20 May, to play against teams from Cardijn College and Tatachilla Lutheran College in the first stage of the 8/9 Boys State KO Football.

The boys played their first game against the Tatachilla Lutheran College team, who had just beaten Cardijn College in the first match of the day. It was a tight contest for the first 10 minutes of the game, but the boys hard running, protection of one another and use of space saw them win comprehensively 17.23 (125) to 3.3 (21).

Due to time constraints, the boys had to play the Cardijn College team with minimal rest. Several of the boys began to fatigue but still gave their best performance and were outstanding considering they literally played 8 quarters of football without a sufficient break. The boys started strongly but lost the match 6.7 (43) to 10.8 (68).

With all teams having one win and one loss each, the Seaford Secondary College team had a far superior goal difference over their two opponents and advance to the second round of the KO tournament.

As coach, I was incredibly proud of the boys who all played well, never stopped running, supported their teammates, and displayed excellent sportsmanship. Their skill level was outstanding and was recognized by both opposing teams’ coaches. We look forward to the next round in the coming weeks.

Craig Ottaway, Sports Co-ordinator - Coach

YEAR 7 KNOCK OUT NETBALL

Our Year 7 Girls Netball team travelled to compete against Tatachilla Lutheran College on Thursday, 22 May. The girls came out eager to play and kept a positive attitude throughout the whole game. Despite losing to the Tatachilla team, they displayed a great attitude and good sportsmanship. There were some great intercepts and attempts at the ball, however we lacked in height and experience. The girls are to be commended for their participation and endless effort. Well done!

Ely Haussen, E03 Care Group Teacher
VOLLEYBALL

Term 2 is when Volleyball at Seaford Secondary College hits full flight. We increase the training schedule and most of the large competitions are played.

We have had a tremendous influx of students taking up Volleyball and this makes for a great buzz around trainings and games. Whilst our first aim is to promote team work and good sportsmanship, we also strive to improve our skills and understanding of the game. All coaches have been very pleased with the work ethic and genuine desire to work together and improve.

We have 4 teams competing in the Volleyball SA Junior League season; 2 boys teams and 2 girls teams. Our Open Boys, who won 2 State titles last year, are playing under the South Adelaide Volleyball Club banner. The only way they could compete at the highest level was to compete as a club. All other teams are competing as Seaford Secondary College or ‘Seaford Storm’.

This very talented bunch of players took out number one position at the Fleurieu Cup tournament, with some very good plays. It is great to see their awesome team work on and off court. All their practice is definitely paying off. Great work girls. Junior Girls Coach

Two rounds into the State Junior League season and our boys hold a 1-1 record. We were outmatched in the opening round by a team that boasted four National Junior team representatives; however the boys competed strongly throughout the match. Round 2 saw a return to winning form, with the boys putting together some very good plays; crowd members from other schools commented how good our style is to watch. It has been very pleasing to see how well the senior boys have adapted to a club environment, and making players from other schools feel comfortable and accepted. We have started showing glimpses of our top-end capability, and as the year progresses this will become more frequent. We are very confident in this group of players, so stay tuned for a lot of excitement. Open Boys Coach

Seaford Secondary College hosted the Fleurieu Cup Volleyball Tournament on Thursday, 8 and Friday 9 May. This is the largest Volleyball event held that is not run by Volleyball SA. Thirty eight teams from ten schools competed in the 2 day event held in the Seaford Recreation Centre School Gym. Students from the stage 1 and 2 Sports Studies class planned and ran the event, receiving very positive feedback from all teams and schools involved. Well done.

Several of the teams are now training on Thursday mornings from 7.15 – 8.25am as well as Tuesday after school and the regular lunchtime commitment. It is great to see the dedication and effort from the students. We look forward to the continued hard work and team approach as we compete in Junior League, Year 10 Knockout and Open Knockout in the coming weeks. We are all really proud of your achievements.

John Natar
Volleyball Coach
**PACTS TRAINING UPDATE**

**PARENTS AS CAREER TRANSITION SUPPORT**

On Wednesday 14 May, Tammy Kennedy and I ran our first PACTS Workshop with a small group of parents with huge success. We are offering an afternoon/evening session on Wednesday 18 June at 5.30pm for a light supper followed by a workshop starting at 6pm. This 2 hour ‘Express Workshop’ will provide useful education and career information to parents.

Contact Tammy: 0439 462 558 or Denise: 0429 439 011 if you wish to register for this session. Please contact me if you have any questions or if you would like to attend a workshop in the future, but prefer a different day or time.

A testimonial from a parent who attended the PACTS Workshop:

“I was very impressed by the way it was organised and the high level of professionalism. It was incredibly informative and I learnt about so many things that will benefit me and assist with my son’s entry into the work place. We were all encouraged to participate with comments and personal experiences and these were welcomed and appreciated. Denise was highly respectful and very knowledgeable about all aspects of the workshop and I would not hesitate in asking for advice from her in the future. I would be very keen to attend any other workshops of the same nature.”

Dee Dukes

Denise Luker
Career Development Coordinator

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**SCHOOL DENTAL SERVICE**

A new children’s dental benefits schedule for 2 – 17 year olds started in January 2014. It is called the Child Dental Benefits Schedule. The School Dental Service is a Child Dental Benefits Schedule provider and welcomes babies, children and young people under 18 years. Dental care is FREE for most children and the School Dental Service will bulk-bill Medicare.

Children who do not qualify for the Child Dental Benefits Schedule can still attend – a small fee may apply for each course of general dental care provided.

There are no waiting times at the School Dental Service. To keep your children’s teeth and gums healthy we encourage them to attend the School Dental Service. To locate your local School Dental Clinic, and for more information about the Child Dental Benefits Schedule, visit...


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**CANBERRA TRIP 2014**

We are thrilled to be taking 37 students from Years 9 and 10, accompanied by four staff, on our inaugural Canberra Capital Tour. We leave on the 22nd June (Week 9) so stay tuned for the next newsletter to hear all about our trip!

Stephanie Johnston
Head of House - Tingara